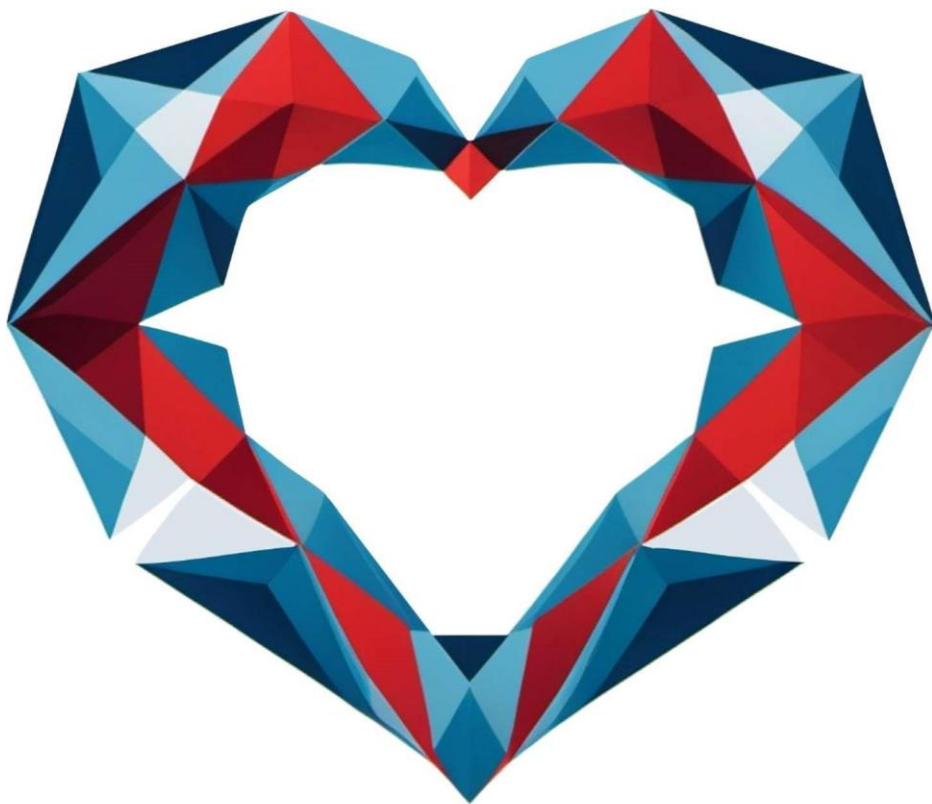




MALTESE CARDIAC SOCIETY

— CONFERENCE 2025 —

Friday 17th – Saturday 18th October
AX - The Palace Hotel, Sliema

Dear colleagues and friends,

It is with great pleasure and anticipation that I welcome you to the 2025 Maltese Cardiac Society Annual Scientific Conference!

This year, we're taking a bold new direction with a more grassroots approach aimed at strengthening ties between cardiology and the broader healthcare community.



We are once again honoured to host a distinguished panel of local and international experts. This year, we wanted to go further. We've expanded our programme to include dedicated sessions for our non-cardiology medical and surgical colleagues, students, allied health professionals as well as our primary care physicians, the essential backbone of our health service. Our breakout workshops are designed to be practical, engaging, and accessible: from hands-on echocardiography to ECG interpretation and life support.

We are also excited with our change in venue for this year's conference. For the first time in many years, we're stepping beyond the familiar halls of Mater Dei Hospital and hosting the event at AX The Palace. We extend our sincere thanks to our sponsors, whose generous support has made this transition possible. We also encourage you to visit the exhibition area, where our industry partners are showcasing the latest innovations in cardiac pharmacology and technology.

Finally, I would like to express my heartfelt thanks to the MCS Conference Organising Committee. This evolution of the conference would not have been possible without their extraordinary dedication!

We hope you enjoy the conference, learn something new, and above all, feel part of the broader cardiology community that keeps the heart of Maltese healthcare beating strong.

Warm regards,

Alexander Borg Chairperson
MCS Conference Organising Committee

Maltese Cardiac Society Conference 2025 Organising Committee

President

Maryanne Caruana

Chairperson Organizing Committee

Alexander Borg

Deputy Chairperson

Jeremy Fleri-Soler

Programme Committee

Alice May Moore

Jeremy Fleri-Soler

Scientific Committee

Andrew Cassar Maempel

Caroline J Magri

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External CME Points for Participation

Friday 17th October

6 points

Saturday 18th October

6 points

Conference Local Faculty

Alex Borg
Alice May Moore
Andrea Bellizzi
Andrew Cassar
Andrew Cassar Maempel
Carl Tua
Caroline J Magri
Christina Grima
Claude Portanier
Daniela Cassar Demarco
David Bilocca
David Sladden
Deborah Marmara
Elton Pllaha
Etienne Paris
Herbert Felice
Jeremy Fleri-Soler
Jesmar Buttigieg
Joseph Galea
John Bonello
Kyra Bartolo
Kentarō Yamagata
Lee Ann Ellul
Malcolm Buhagiar
Malcolm Vella

Maria Angela Gauci
Maria Bonello
Marilyn Gauci
Mariosa Xuereb
Mark A Sammut
Mark Abela
Mark Cordina
Mark Grupetta
Maryanne Caruana
Matthew Mercieca Balbi
Melanie Burg
Michelle Cassar
Oscar Aquilina
Philip Dingli
Rachel Agius
Robert Xuereb
Samuel Meilak
Sarah Darmanin
Stephen Sciberras
Tania Spiteri
Terence Tilney
Tiziana Felice
Victoria Azzopardi
Walter Busuttil
William Camilleri

Conference International Faculty

Daniel Bromage

King's College Hospital, London, United Kingdom

Davide Pacini

Azienda Ospedaliero-Universitaria di Bologna, Sant' Orsola-Malpighi, Bologna, Italy

Kit Wong

Bart's Health, London, United Kingdom

Laura-Ann McGill

Guy's & St Thomas' Trust, London, United Kingdom

Maggie Simpson

University of Edinburgh, Edinburgh, United Kingdom

Nicolas Van Mieghem

Erasmus University Medical Centre, Rotterdam, Netherlands

Salvatore Massimo Petrina

Università degli Studi Catania, Ragusa, Italy

Susanna Price

Royal Brompton Hospital, London, United Kingdom

Wijnand den Dekker

Erasmus University Medical Centre, Rotterdam, Netherlands

MAIN CONFERENCE



AM Mangion - Menarini

Friday, 17th October 2025

08:00 Registration

09:00 MCS President Opening Address & Society Award

Maryanne Caruana

09:20 SESSION 1: The Great Debate – Aortic Valve Intervention

Chairing Panel: *Andrew Cassar Maempel, Joe Galea, Alexander Borg*

09:20 Pro-TAVI

Matthew Mercieca Balbi

09:40 Pro-SAVR

David Sladden

10:00 Discussion

10:10 SESSION 2: The Heart-Brain Connection

Chairing Panel: *Malcolm Vella, Elton Pllaha, Herbert Felice*

10:10 Muscular dystrophies and conduction problems

Maria Bonello

10:30 Subclinical atrial fibrillation, post-operative atrial fibrillation and oral anti-coagulation

John Bonello

10:50 Patent foramen ovale closure 1990-2025: what we learned in Rotterdam

Wijnand den Dekker

11:10 Discussion



ATG Co LTD

11:20 Coffee Break and Moderated Posters

Academic Panel: *Andrew Cassar Maempel, Caroline Magri*

Polypill therapy for cardiovascular event prevention: a systematic review and meta-analysis of randomised controlled trials

Alan Charles Sultana

A decade of patent foramen ovale closures at Mater Dei Hospital: a retrospective analysis with minimum three-year follow-up

Anneka Pace

Recurrent postpartum cardiomyopathy with complete recovery: a case report

Christine Caruana

Coronary artery fistulae presenting with Wellen's syndrome

Rachele Farrugia

11:45 SESSION 3: Cardiotoxicity and the Heart-Cancer Crossroads

Chairing Panel: *Maryanne Caruana, Malcolm Buhagiar, Jeremy Fleri-Soler*

11:45 Cardio-oncology imaging

Salvatore Massimo

12:05 Minimizing cardiotoxicity from treatment of breast cancer

Etienne Paris

12:25 ICI-induced myocarditis – are we making it up?

Daniel Bromage

12:45 Discussion



Philips - Triomed

LUNCH

12:55-13:55

**PLEASE TAKE THE TIME TO
ENJOY YOURSELF AND VISIT
OUR INDUSTRY PARTNERS**



Edwards

Edward Lifesciences – Drugsales LTD

13:55 SESSION 4: Your Case Presentations

Academic Panel: *Maryanne Caruana, Joseph Galea*

13:55 Brugada unmasked: Brugada syndrome in association with severe hyponatraemia

Lauren Vella

14:05 Takotsubo cardiomyopathy triggered by dimethyl fumarate: a rare case report

George Sultana

14:15 Rheumatic fever in children: a forgotten disease?

Alexandra Tortell

14:25 Case report: ajmaline-induced ventricular fibrillation

Matthew Pace

14:35 Unintentional left bundle branch capture during ICD implantation presenting as RBBB morphology

Rebekah St-John

14:45 Just another myocarditis? – when there's more than meets the eye

Neil Grech

14:55 SESSION 5: Weight of the Heart – Cardiology meets obesity

Chairing Panel: *Mark Grupetta, David Bilocca, Robert Xuereb*

14:55 Exercise in cardiomyopathy: time to stop holding back?

Mark Abela



Charles de Giorgio Ltd - Eli Lilly & Abbott

15:15 At the heart of the matter: lowering Cardiovascular risk with novel anti-obesity medications

Rachel Agius

15:35 Silent Nights, Strained Hearts - The OSA -Cardiovascular Link

Kyra Bartolo

15:55 Discussion

16:05 Coffee Break - Please visit our Industry Partners!

16:30 SESSION 6: Teaming-up for the aortic valve – An allied healthcare session

Chairing Panel: *Deborah Marmara, Claude Portanier, Christina Grima*

16:30 Echocardiography assessment of aortic valve stenosis severity

Tania Spiteri

16:45 Role of CT in prognostication and decision regarding aortic valve surgery and percutaneous treatment

Andrea Bellizzi

17:00 Role of MRI in diagnosis of aortic valve stenosis severity and decision regarding surgery

Lee Ann Ellul

17:15 The road to recovery after surgery or TAVI from a patient's perspective

Marilyn Gauci

17:30 Discussion

17:40 Closing Remarks

Alex Borg



Suratek -Canon -Tosiba – Sonovue -TLD

Saturday, 18th October 2025

08:00 Registration

09:00 SESSION 7: The Great Debate: Pacing the future

Chairing Panel: *Maryanne Caruana, John Bonello, Samuel Meilak*

09:00 Pro-Left Bundle Pacing

Melanie Burg

09:20 Pro-Conventional Pacing

Mark Sammut

09:40 Discussion

09:50 SESSION 8: Cutting Edge – Advances in Cardiac Surgery

Chairing Panel: *David Sladden, Andrew Cassar, Kentaro Yamagata*

09:50 Cerebral protection in aortic arch surgery

Davide Paccini

10:10 Mitral valve surgery: contemporary strategies and decision making

Kit Wong

10:30 Discussion

10:40 Coffee Break - Please visit our Industry Partners!



Novartis

11:05 SESSION 9: Advanced Cardiac Monitoring and Support

Chairing Panel: *Philip Dingli, Wijnand Den Dekker, Stephen Sciberras*

11:05 Cardiac output monitoring in the general intensive care unit

Carl Tua

11:25 Echocardiography in cardiac intensive care: state of the art

Susanna Price

11:45 Do's and Don'ts of MCS in cardiogenic shock

Nicolas Van Mieghem

12:05 Discussion

12:15 SESSION 10: Matters of the heart in Motherhood

Chairing Panel: *Tiziana Felice, Alice May Moore, Mark Cordina*

12:15 Pre-conception planning in cardiovascular disease

Maggie Simpson

12:35 Fetal Cardiac Screening in Malta

Sarah Darmanin

12:55 Discussion



TECHNOLINE

LUNCH

13:05-14:05

**PLEASE TAKE THE TIME TO
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14:05 SESSION 11: Your Research and Audits

Academic Panel: *Andrew Cassar Maempel, Caroline Magri*

14:05 Adherence to ESC guidelines on NSTEMI-ACS risk stratification using the GRACE score at Mater Dei Hospital, Malta

Andrew Cuschieri

14:15 Are we utilizing our cath lab to its maximum operational potential?

Daniel Formosa

14:25 Evaluating statin monotherapy versus dual lipid-lowering therapy after cardiac intervention

Shanice Spiteri

14:35 A retrospective review of prosthetic device documentation practices in heart valve surgery

James Zerafa

14:45 Referral to review: an audit of general cardiology outpatient referrals at Mater Dei Hospital

Neil Grech

14:55 Prescription of statins in patients with and without ASCVD at Gozo General Hospital: an audit of current practice

Aneesh Pande



A M Mangion Limited -
Genesis Pharma



EJ Busuttill KRKA



Pfizer



Novo Nordisk



JAMESCO

15:05 SESSION 12: The Heart-Kidney Axis

Chairing Panel: *Jesmar Buttigieg, Walter Busuttil, Mariosa Xuereb*

15:05 Strategies and solutions: navigating the challenges of hyperkalaemia in cardiovascular disease and CKD

Maria Angela Gauci

15:25 The cardio-renal alliance: from nephrotoxic to newfound friends

Laura Ann McGill

15:45 Discussion

15:55 Coffee Break - Please visit our Industry Partners!

16:20 SESSION 13: Fresh from the frontline

Chairing Panel: *Caroline Magri, Mark Sammut, Mark Abela*

16:20 Late-breaking trials in heart failure

Jeremy Fleri Soler

16:40 Late-breaking trials in interventional cardiology

William Camilleri

17:00 Late-breaking trials in electrophysiology

Melanie Burg

17:20 Best Abstract Award and Closing Remarks

Maryanne Caruana

BREAKOUT SESSIONS

Venue: Breakout Session Room at AX The Palace Hotel

Friday 17th October

9:15 – 10:45 Echocardiogram Masterclass

Foundations of Echocardiography Hands-on Workshop

11:00 – 12:00 The Cardiac Wet Lab

Hands-on Cardiac-Anatomy Tutorials

13:00 – 14:00 Intra-cardiac Echocardiography Simulation Workshop

(Organised by Abbott – by invite only)

14:30 – 15:30 Act quick, save lives

A Rapid Response Team workshop

16:00 – 17:00 Ride the Waves

ECGs with the Masters

Saturday 18th October

9:00 – 10:30 Echocardiogram Masterclass

Foundations of Echocardiography Hands-on Workshop

11:00 – 12:00 The Cardiac Wet Lab

Hands-on Cardiac-Anatomy Tutorials

13:00 – 14:00 It's not just pumping anymore – the concept of controlled automated reperfusion of the whole body

(Organised by Associated Equipment – by invite only)

14:30 – 15:30 Ride the Waves

ECGs with the Masters

16:00 – 17:00 Act quick, save lives

A Rapid Response Team workshop

Our Guests

Dr Carl Tua

Dr Tua graduated from University of Malta Medical School in 2012. He completed his training in Anaesthesia in Intensive Care in 2019, during which time he completed fellowships in Intensive Care Medicine and Cardiothoracic Anaesthesia at St Mary's Hospital, London and the Royal Infirmary, Manchester, respectively. Dr Tua then pursued his special interests in intensive care, cardiothoracic anaesthesia and echocardiography: achieving accreditation in advanced critical care echocardiography (EDEC), transoesophageal echocardiography (EACVI) and intensive care medicine (EDIC), as well as completing a fellowship at St Bartholomew's Hospital, London in 2023. Carl now works as a consultant at Mater Dei Hospital, Malta with a dual intensive care and cardiothoracic anaesthesia subspecialty, with a particular interest in cardiac output monitoring, echocardiography and shock.



Dr Daniel Bromage

Dr Bromage is a Clinical Senior Lecturer at King's College London. He was awarded a PhD from University College London in 2016 for research into cardioprotection after myocardial infarction, which was funded by an MRC Clinical Research Fellowship. He then undertook an NIHR Clinical Lectureship focusing on remodelling after myocardial infarction, with particular emphasis on the modulation of leucocyte recruitment. This led to an MRC Clinician Scientist Fellowship on the regulation of inflammation after myocardial infarction. He is a heart failure Cardiologist at King's College Hospital NHS Foundation Trust, where his interests include acute heart failure, cardio-immunology, and inflammatory heart diseases.

Prof Davide Paccini

Prof Pacini graduated from the University of Bologna in 1993. He completed Cardiac surgery residency training at the same University in 1998. Since 2000, he was a staff surgeon of the Cardiac Surgery Department at the S.Orsola-Malpighi Hospital in Bologna and in 2018 he became Director in the same Department. He is mainly interested in cardiac and aortic surgery as well as in heart transplantation. In 1998, he was recipient of the "C. Walton Lillehei giovani laureati"



Award. In 2009, he was recipient of the "Hans Borst Award". He was Councillor of the Italian Society of Cardiac Surgery and Chair of the Vascular Domain of the European Association for Cardiothoracic Surgery. He serves on the Workforces on New technologies and on international relationships of the Society of Thoracic Surgeon. He is the author or co-author of over 300 scientific papers. He is Full Professor of Cardiac Surgery at the Alma Mater Studiorum, University of Bologna and Director of Cardiac Surgery Residency Program. He is an active member of the Italian Society of Cardiac Surgery, European Association of Cardiothoracic Surgery (EACTS), the Society of Thoracic Surgeons and the American association for Thoracic Surgery. He serves on several editorial boards, and he is also reviewer of many scientific journals.

Dr Etienne Paris



Dr Paris is a Clinical Oncologist at Sir Anthony Mamo Oncology Centre, with a special interest in breast and gynaecological cancers. After graduating as a Medical Doctor from the University of Malta, he underwent specialist training in Malta and at The Beatson West of Scotland Cancer Centre, in Glasgow, Scotland. In 2021, he became a Fellow of The Royal College of Radiologists. Over the past years, he was involved in the implementation of local systemic treatment and radiotherapy guidelines in SAMOC, as well as the introduction of Oncotype-

DX oncogenomic testing in Malta.

Mr Kit Wong



Mr Wong is a Consultant Cardiac Surgeon at the Barts Heart Centre, the largest cardiothoracic surgical unit in the UK. He qualified from St Mary's Hospital Medical School (Imperial College London) in 1986 and undertook his early cardiothoracic training at the world-renowned Royal Brompton Hospital, where he worked closely with Professor Sir Magdi Yacoub. This formative experience shaped his career and developed his specialist interest in valvular heart and aortic aneurysm surgery, including aortic

homograft and root procedures and mitral valve repair. Mr Wong has been a Consultant at Barts for more than 25 years and is recognised nationally as a leading specialist in complex mitral valve repair. His other areas of expertise include multiple arterial coronary revascularisations, aortic and minimally invasive surgery, and the surgical repair of aortic aneurysms. He previously served as Head of Cardiothoracic Surgery and Clinical Director at Barts, where he played a key role in establishing the current Barts Heart Centre in 2015. He has also acted as a specialist advisor for NHS London in cardiac service commissioning.

Dr Kyra Bartolo



Dr Bartolo is a Consultant in Respiratory and General Internal Medicine with a sub-specialisation in sleep medicine. She possesses extensive expertise in this field, supported by a Master of Science degree from the University of Oxford and distinguished awards, including the Archibald Jackson and Thomas Willis Prizes. Dr. Bartolo has a substantial background in clinical research, audit activities, and medical education, having organised and presented at numerous national and international conferences.

Dr Laura Ann McGill

Dr McGill is a Consultant Cardiologist at Guy's and St Thomas' Hospital, specialising in heart failure and cardiovascular MRI. She holds a PhD in cardiovascular MRI and has extensive experience in heart failure, including transplantation. Dr McGill leads the Cardiorenal Service at Guy's and St Thomas', managing patients with complex cardiac and renal co-morbidities, and oversees cardiac assessments for renal transplant candidates. She is currently working with the British Transplant Society on updating the UK guidance for cardiac evaluation prior to renal transplantation.



Dr Maria Bonello

Dr. Bonello is a neurology specialist at Mater Dei Hospital with a clinical focus on stroke and neuromuscular disorders. She completed her medical education and neurology training in Malta, followed by a fellowship at Southampton General Hospital. She is a Fellow of the European Board of Neurologists, and her current work centres on improving acute stroke pathways and multidisciplinary care delivery in Malta. She is also actively involved in medical education, teaching with the University of Malta and Barts and The London School of Medicine and Dentistry (QMUL).



Dr Maria Angela Gauci

Dr Gauci is a nephrologist and general medicine specialist with a keen interest in glomerular disease and cardiovascular kidney metabolic disease. She spent much of her training at the North Bristol NHS Trust and Leeds Teaching Hospitals NHS Trust, and later worked as a renal consultant at Bradford Teaching Hospitals NHS Foundation Trust. She is currently pursuing a master's degree at the University of Malta, with research focusing on haemostasis and anticoagulation in advanced kidney disease. Dr Gauci has contributed as a co-author to several UK Kidney Association guidelines and serves as secretary of the Malta Kidney Association, founded in 2025. In her free time, you'll often find Maria enjoying the outdoors, singing, or painting!



Ms Maggie Simpson

Ms Simpson is a cardiovascular nurse and a medical student with clinical and academic expertise in heart failure, adult congenital heart disease, and cardiac care in pregnancy. She previously led the Scottish Obstetric Cardiology Network, supporting national service development and delivery of specialist care for pregnant women with heart disease. Maggie chaired the Women's Heart

Health Subgroup of the Scottish Government's Women's Health Plan and continues to advise on cardiovascular priorities in Phase 2. She has contributed to national standards of care for cardiac disease in pregnancy and is involved in clinical audit, research, and education focused on preconception counselling, contraception, and antenatal care for women with heart disease. Her work aims to improve equity, safety, and interdisciplinary communication across maternity and cardiac services.



Dr Nicolas Van Mieghem

Dr Mieghem obtained his medical degree and cardiology degree at the Catholic University of Leuven, Belgium. After subsequent Fellowships in interventional cardiology in Ziekenhuis Oost-Limburg Genk, Belgium, Lenox Hill Hospital, New York, USA and Thoraxcenter, Erasmus University Medical Center, Rotterdam, the Netherlands. He joined the senior staff of the department of interventional cardiology in the Thoraxcenter in February 2010. He became the clinical director of interventional cardiology in 2014 and full professor of interventional cardiology September 1 2019. His academic interest is in complex (calcified) coronary lesions, mechanical circulatory support and structural heart interventions.



Dr Rachel Agius



Dr Agius MD (Melit), MRCP(UK), MSc (Diabetes & Endocrinology, QMUL), PhD (Melit) is a consultant in Diabetes and Endocrinology at Mater Dei Hospital, Malta. She graduated as a medical doctor from the University of Malta in 2004. Thereafter she furthered her training in internal medicine, endocrinology and diabetes both in Malta and in the UK. In 2019 she took up an honorary fellowship post at Guy's and St Thomas' NHS Trust (London) to subspecialise within the field of bariatric (obesity) medicine. On her return to Malta, she introduced the bariatric medical service at Mater Dei Hospital specifically for the medical management of individuals with complex and severe obesity. She was awarded a Ph.D. from the University of Malta in 2024 for investigating the molecular determinants and metabolic health of Maltese individuals across different BMI categories. She holds a keen interest in the management of severe and complex obesity, particularly the use of novel pharmacological agents for chronic weight management.

Dr Salvatore Massimo Petrina

Dr Petrina is a Medical Director at the Cardiology division of the Giovanni Paolo II Hospital in Ragusa. Since October 2020, I've also been the head of the hospital's Simple Operative Unit of Cardiology. A significant part of my role involves coordinating the cardiology outpatient clinic and a specialized cardio-oncology clinic. I'm a proud graduate of the University of Catania, where I earned my medical degree with top honors, and I'm always looking to expand my skills. My academic interests have led me to complete a training internship at the University of Pisa's echocardiography lab and to become an aggregate member of the Italian Sports Medicine Federation (FMSI). I am currently the regional delegate for Sicily of SIECVI (Società Italiana di Ecocardiografia Cardiovascolare e Imaging)



Ms Sarah Darmanin

Ms Darmanin graduated as a Doctor of Medicine and Surgery from the University of Malta in 2014. She subsequently undertook specialist training in Obstetrics and Gynaecology at Mater Dei Hospital and, in 2022, was admitted as a Fellow of the European Board and College of Obstetrics and Gynaecology. Dr. Darmanin is listed in the Specialist Register of Obstetrics and Gynaecology in Malta and currently serves as a resident specialist within the Department of Obstetrics and Gynaecology, where she forms part of the fetomaternal team. Her area of interest is ultrasonography, particularly antenatal foetal ultrasound. Dr. Darmanin has obtained a postgraduate certificate in Obstetric and Gynaecological Ultrasound and is presently reading for a Master's Degree in Radiography (Ultrasound) at the University of Malta.

Professor Susanna Price

Professor Price is a consultant cardiologist and intensivist at Royal Brompton Hospital, and Professor of Practice at Imperial College London's National Heart & Lung Institute. After training at King's College London and undertaking a fellowship in echocardiography in Rotterdam, she specialised in critical care cardiology, adult congenital heart disease, and peri-procedural imaging. Professor Price is clinical lead for critical care at Royal Brompton, chairs the Pan-London Cardiogenic Shock Board, and holds major roles at the European Society of Cardiology, serving on the ESC Board and as Deputy Editor of the European Heart Journal. Widely published and an Honorary Member of the European Society of Intensive Care Medicine, she has co-authored international guidelines on cardiovascular critical care, valvular heart disease, and cardiac imaging, and is recognised globally for her contributions to research, education, and leadership in acute cardiovascular medicine



Dr. Wijnand den Dekker

Dr Dekker studied medicine at the University of Utrecht and obtained his medical degree in 2006. He completed his PhD in 2011 and cardiology training in 2017 at the Thorax center of the Erasmus University Medical Center, Rotterdam, the Netherlands. Subsequently, he did his fellowship interventional cardiology before he joined the

department of interventional cardiology in the Thorax center, Erasmus MC as staff member. He is part of the percutaneous coronary intervention program and has a particular interest in treatment of patients with complex coronary lesions, CTOs and acute coronary syndromes. He is responsible for the cardiology residents as deputy trainer and also for the clinical fellowship for interventional cardiology. He is further involved in research in the pathophysiology of atherosclerosis, particularly in preclinical setting, thereby connecting preclinical research with the clinics. He has published and co-authored multiple papers in peer-reviewed journals.



SEE YOU AT THE MALTESE CARDIAC SOCIETY CONFERENCE 2026!

Thank you for being part of this
year's meeting. We look forward to
welcoming you again next year.

www.mcardios.org

